



METRO BREAKFAST & BRUNCH BUFFETS

All breakfasts & brunches include appropriate disposables. Food is presented in upscale black plastic bowls, trays and/or disposable wicker baskets. Hot food is served in foil pans. Disposable chafers with canned fuel available at 7.00 ea. For an attractive buffet using non-disposable serving pieces such as chafing dishes, decorative linens, glass platters, florals, and appropriate décor, see our "Metro Details" page. Check with your event planner for specifics.

15 person minimum for delivery.

TRADITIONAL CONTINENTAL BREAKFAST

Our Metro standard assortment of fresh baked pastries, cinnamon rolls, homemade muffins, breakfast breads and bagels. Served with butter, jams & cream cheese. . . | 6 per person

THE HEALTHY CHOICE CONTINENTAL

Low fat blueberry yogurt bread, zucchini or pumpkin bread, raisin bran muffins, assorted bagels with low fat cream cheese, jams, assorted individual fruit yogurts, and granola bars. . . | 8 per person

TRADITIONAL BREAKFAST BUFFET

Fresh scrambled eggs, bacon strips, sausage links, O'brien breakfast potatoes, assortment of fresh baked muffins, breads & bagels with jams, butter & cream cheese. . . . | 9.5 per person

For a heart healthy choice substitute turkey bacon or turkey sausage.

BREAKFAST SANDWICH BUFFET

This menu comes with your choice of three breakfast sandwiches below, O'Brien style breakfast potatoes, and fresh cut fruit salad.

- Ham Egg & Cheese Bagel ● Bacon, Egg & Cheese Bagel ● Grilled Veg, Egg & Cheese Bagel
- Sausage, Egg & Cheese Biscuit ● Bacon Egg & Cheese Biscuit *All Sandwiches available without meat*

| 9 per person *(Add .50 for Croissant)*

FRENCH TOAST CASSEROLE WITH ROASTED APPLES & RAISINS

Our French toast casserole exudes "comfort food". This warm dish with apples, raisins and cinnamon combines with sides of smoked bacon and soft scrambled eggs, and fresh fruit salad to form a perfect breakfast combination. | 10 per person

(If apples & raisins aren't your thing, substitute our **Blueberry Cream French Toast Casserole** instead.)

YOGURT & BERRY BREAKFAST STATION

Menu includes Vanilla flavored Greek Yogurt with sides of house made granola, fresh strawberries & blueberries, toasted almonds, honey, raisins, & shaved coconut.

Served with pumpkin & blueberry lemon bread. | 10 per person

BREAKFAST TACO'S

Scrambled Eggs, Chorizo sausage, crumbled bacon, salsa, peppers & onion, cumin black beans 4" tortillas, shredded cheddar, avocado cream, jalapeno, fresh limes, cilantro,

O'Brien potatoes and fresh fruit salad. (Corn taco shells available for gluten free guests). .

| 11 per person





Metro Breakfast & Brunch Buffets (Continued)

BREAKFAST STRATA

Your choice of egg strata. Choices include:

- Broccoli & three cheese strata
- Traditional bacon onion & cheddar
- Southwestern style strata with sausage, peppers & cheese
- Mushroom & Fontina Cheese

Served with freshly baked petite pastries, muffins, bagels & breads with cream cheese, butter & jams, and seasonal fruit salad.

| 10 per person

BELGIAN WAFFLE BUFFET

Belgian Waffles with Butter, Syrup
 Strawberry & Blueberry Toppings
 Whipped Cream
 Scrambled Eggs
 Applewood Smoked Bacon
 Fresh Fruit Salad with Berries
 O'Brien Potatoes

| 14 per person

BREAKFAST SIDE OPTIONS

Fresh Fruit Salad. | 2.5 (10 ct min.)

Seasonal Fruit Platter

- Small 12" |29
- Medium 16" |48
- Large 18" |60

Fresh Fruit Kebab "Sunburst". . . . | 2 ea (15 ct min.)

Granola & Berry Yogurt Parfaits . . . | 3 ea (10 ct min.)

Granola or Granola Bars. | 1.5 ea (10 ct min.)

Individual Low Fat Yogurts | 2.5 ea (10 ct min.)

Bacon or Sausage Links. | 2.5 per person (15 person min.)

O'Brien Breakfast Potatoes. | 2 per person

Whole Hardboiled Eggs | 1 each

Oatmeal Station – Includes instant oatmeal packets, hot water and sides of butter, milk, brown sugar, raisins, almonds, & chopped apple | 3.5 per person

Breakfast Strata (Serves 9-12) . . . | 36 per pan

- Selections include: • Broccoli Cheddar; • Bacon, Onion & Cheddar;
 • Mushroom & Fontina; • Sausage & Grilled Peppers

MORNING BEVERAGES

Drop off Coffee or Hot Tea

128 oz Disposable Box

Our disposable coffee box comes with a 128 oz. of locally roasted SOLSTICE brand premier blend of Ethiopian & Brazilian Coffee (or Luna Decaffeinated) Service includes half-n-half, sugars, sweeteners, disposable cups, beverage napkins and stirrers. Serves about 14 to 18 guests. | 25

Full Service Regular or Decaf. Coffee Service -

Locally roasted SOLSTICE brand regular & decaffeinated Coffee. Service includes half-n-half, sugars, sweeteners, disposable cups, beverage napkins and stirrers.

About 14 to 18 servings per order. | 25

CANNED & BOTTLED BEVERAGES

Assorted Canned Soft Drinks 1.50 each

Bottled Spring Water. 1.00 each

Assorted Bottled Fruit Juices 2.50 each

Dasani Bottled Water. 2.00 each

Canned & bottled beverages include cups, napkins and ice. See our Lunch Beverages section of this menu for more beverage options or for a complete list of available beverages see our full **Metro Cuisine Beverage Menu**.



AFTERNOON BREAKS

10 person minimum unless noted otherwise.

- Cookies & Chocolate Brownies Tray. | 2 per person
- Fresh Whole Fruit Basket | 2.5 per person
- Tortilla Chips & Salsa | 2.5 per person
- Cubed Cheeses with Grapes, Berries & Crackers
 - Small 12"- |34
 - Medium 16" - |54
 - Large 18" - |65
- Gourmet Mixed Nuts | 3 per person
- Assorted Petite Candy Bars & Mints. | 2 per person

- Pre-Filled Popcorn Boxes . . . | 2 ea. (25 ct min)
- Fresh Vegetable Trays with Dip
 - Small 12"- |28
 - Medium 16" - |36
 - Large 18" - |48
- Assorted individual Bagged Chips. | 1.5 per person
- Fresh Fruit Trays with Dip
 - Small 12"- |30
 - Medium 16" - |48
 - Large 18" - |60





METRO BOXED LUNCHES – SALADS

We offer you a great variety of chilled main course selections that are not only appetizing to the eye and delicious to eat, but good for you as well. They're a light, yet satisfying noontime meal. Your guests will love them!
Served in attractive individual disposable containers or they're also great for plated served events.

(5-person minimum for any one selection)

Metro Chef Salad – Our traditional main course salad consists of fine julienne turkey & baked ham, cheddar and mozzarella cheeses, boiled eggs, tomatoes, olives, croutons and other seasonal vegetables. Includes a dinner roll, butter, dessert and assorted dressings. | 10

“Veggie” Chef Salad – Our traditional main course salad with vegetables & cheese only. Salad includes: fresh tomatoes, cauliflower, broccoli, cucumber, carrots, avocado, shredded cheddar and mozzarella cheeses, olives, and toasted sunflower seeds. Includes a dinner roll, butter, dessert and assorted dressings. . . | 10

Napa Valley Grilled Chicken & Tomato Capri - Although there are many versions of this classic Capri Island salad, our version, which includes the traditional fresh mozzarella, tomato & fresh basil combination, adds roasted shiitake mushrooms, marinated Greek olives, sliced grilled chicken, toasted pistachios and a light blush wine vinaigrette for a wholesome luncheon option. Served with a fresh dinner roll, butter and dessert. | 11

Greek Salad with Grilled Chicken - Our combination of Mediterranean greens with roasted red peppers, marinated olives, tomatoes, cucumbers and Feta cheese is served with a grilled chicken breast, an olive oil and lemon vinaigrette, a fresh roll, butter and dessert. | 11

Spinach Salad with Grilled Shrimp & Crumbled Chèvre - Balsamic marinated shrimp grilled and served atop a blend of fresh spinach & radicchio with fresh sliced strawberries, toasted almonds, crumbled Chèvre cheese and a light strawberry vinaigrette. Served with a fresh dinner roll, butter and dessert. . | 11

Mandarin Chicken Salad - Oriental flavor combinations have literally been evolving for centuries and it seems that a lot of Chinese cuisine is perfect “salad” food. Our presentation includes grilled Asian marinated chicken, crisp salad greens, mandarin oranges, candied almonds, toasted rice noodles and an exotic poppy seed dressing. Served with a dinner roll, butter and dessert. | 11

Club House Lunch - An elegant light luncheon of chilled poached Gulf shrimp with cocktail sauce, fresh melons and seasonal berries, a petite chicken salad croissant, a turkey club wedge and dessert. . . . | 11

Grilled Chicken or Salmon Caesar - Caesar salad may seem like an Italian invention, but actually it's American born. Ours is the classic with fresh romaine & radicchio lettuce, homemade French bread croutons, shredded parmesan, an original style Caesar dressing, the addition of grape tomatoes and topped with a succulent marinated grilled chicken breast. Served with a dinner roll, butter and dessert.
| 10 for chicken - | 13 for Salmon

Grilled Chicken with Quinoa & Black Bean Salad – Brushed with olive oil and fresh herbs, our grilled, boneless, skinless chicken is combined with a refreshing quinoa & black bean salad and served with multigrain rustic bread, butter and dessert. | 11

Balsamic Marinated Steak & Gorgonzola Salad - Grilled sliced marinated Sirloin steak with crisp butter lettuce, arugula, endive, tomatoes, grilled asparagus and gorgonzola cheese with a balsamic vinaigrette, fresh dinner roll and dessert. | 13



METRO BOXED LUNCHES - SANDWICHES

All our boxed lunches are made fresh with the best ingredients available. Unless noted otherwise, each lunch comes with chips or pretzels, assorted bar desserts or cookies, mints, condiments, napkins & disposable flatware if needed.

All attractively displayed in an individual, disposable container. To substitute chips, subtract \$1.00 and add an additional Side from our "Beverages & Sides" menu. Or add an additional side if it meets your situation. **Ten count minimum order.**

Minimum of 5 for any one variety. (Some traditional sandwich options are available in smaller numbers, check with your event planner).
(Gluten Free Bread available) **Changes to box lunch components may change the listed price.**

Basic Boxed Lunch – If you need an economical lunch for a large group or for younger kids and are looking for something not quite as elaborate as our regular boxed lunches, this works perfectly. The lunch includes a "light" sandwich: turkey-cheddar or ham & colby-jack on whole wheat or a Kaiser Bun, or a Vegetarian option of three-cheese on wheat, potato chips or pretzels, house made cookie, and fresh whole fruit. | 8.5 per person

Turkey & Cheddar on Wheat - This hearty sandwich includes thin sliced oven roasted turkey breast, mild cheddar, red leaf lettuce & sliced tomato on whole wheat bread or fresh Kaiser bun. . . . | 9 each

Baked Ham & Baby Swiss on Rye - Thinly sliced Virginia baked ham and smooth baby Swiss cheese with lettuce & tomato (whole wheat bread or fresh Kaiser bun also available). | 9 each

Roast Beef & Cheddar on Kaiser Bun - Thin sliced roast beef stacked high with cheddar cheese, lettuce and tomato on a fresh baked Kaiser roll, or if you prefer whole wheat. | 9.5 each

Pecan Chicken Salad - Our pecan chicken salad has always been a favorite! Served on whole wheat bread or Kaiser bun with leaf lettuce. | 9 each

Classic American Club Kaiser - Sliced baked turkey breast, smoky bacon, cheddar cheese, lettuce and tomato on a fresh baked Kaiser bun | 9 each

Our Original Sub - An eight-inch sub stacked with Genoa salami, baked ham, provolone cheese, sliced tomatoes, razor thin slices of red onion, mild banana pepper rings and shredded lettuce. Condiments and sub sauce served on the side. (Turkey Subs also available.). | 9.5 each

Tuna Salad - Our house-made tuna salad is topped with sharp cheddar cheese and red leaf lettuce on whole wheat bread or if you prefer a fresh Kaiser bun. | 9.5 each

Grilled Chicken Sandwich – An absolutely delicious sandwich with marinated grilled chicken breast, Provolone cheese, lemon-basil aioli, red leaf lettuce & sliced tomato. | 9.5 each

California Grilled Chicken Club – Our marinated grilled chicken breast topped with crisp Apple-wood smoked pepper bacon, Monterey Jack cheese, fresh avocado, lettuce & tomato with a Dijon mayonnaise. On a fresh Kaiser bun. | 10 each

Three Cheese and Fresh Vegetables on Wheat – A popular combination of cheddar, Colby Jack and Baby Swiss Cheese topped with sliced tomato, bell peppers, cucumbers, leaf lettuce and shredded carrot with ranch dressing. (Vegan option also available with hummus & Fresh Vegetables). | 8.5 each

Grilled Chicken Wrap with Fresh Spinach, Dried-Cranberries, Pecans & Feta - A light, low fat option compared to our regular wraps. A whole wheat tortilla roll-up served with a savory raspberry vinaigrette dressing on the side. | 9.5 each





METRO BOXED LUNCHES CONTINUED

Roast Beef or Turkey Wraps - Our tortilla roll-ups are a unique and tasty presentation to the traditional sandwich. Thinly sliced roast beef or turkey with cheddar cheese, diced tomato, black olives, herbed cream cheese and shredded lettuce. | 8.5 for Turkey Wraps | 9 for Roast Beef.

Italian Sub Wrap - Genoa salami, baked ham, provolone cheese, tomatoes, onion, pepper rings and shredded lettuce, rolled up in a flour tortilla with our special sub sauce. | 8.5 each

Grilled Chicken or Steak Wrap - Marinated grilled chicken breast or grilled sirloin with shredded cheddar, crisp romaine, sour cream and tropical salsa, all neatly rolled up in a fresh tortilla.

- Grilled Chicken Wrap 8.50 each
- Grilled Steak Wrap | 9.5 each

Tuscan Vegetable Wrap - A spinach tortilla with a pesto cream cheese, fresh mozzarella, grilled asparagus, roasted red pepper and chopped romaine. | 9.5 each

Grilled Chicken Caesar Wrap - A take off the popular salad. A grilled chicken breast with shaved parmesan, crisp romaine lettuce, Caesar dressing and herbed croutons all rolled up in a whole wheat tortilla. | 9 each

Grilled Veggie & Hummus Wrap – A great vegetarian option with smooth Greek style hummus, roasted vegetables with olive oil & herbs and crumbled feta cheese with fresh spinach. | 8.5 each

California BLT Wrap - Stuffed and rolled with roasted turkey breast, peppered bacon, avocado, cream cheese, tomato, spring greens and a lemon basil mayo. | 10 each



SALAD BAR BUFFETS

Our salad bars are great for large groups; you can please even the most discriminating eater, especially with the addition of a soup. All include appropriate disposables. Food is presented on upscale black plastic trays, bowls and/or wicker baskets.

20 person minimum order for Salad Bar Buffets

Chef Salad Bar - A luncheon buffet to please any guest. Fresh mixed salad greens with sides of the traditional julienne turkey and ham, tomato wedges, cucumbers, broccoli & cauliflower florets, baby corn, olives, croutons, shredded cheddar, shredded Mozzarella, sliced peppers and boiled eggs. Served with baskets of assorted dinner rolls, butter and assorted desserts. | 10 per person

California Salad Bar - California salad greens with sides of grilled diced chicken, crumbled apple wood smoked bacon, Gorgonzola cheese crumbles, fresh avocado, tomato, cucumber, peppers, shredded Colby-Monterey Jack cheese, marinated olives, and homemade croutons with assorted dressings, assorted dinner rolls & butter and assorted desserts. | 11 per person

Add soup to your salad bar. (Priced per person and includes crackers and disposable service ware):

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|----------------------------------|-----------------------------------|-------------------------------------|
| • Fresh Tomato-Basil . . . 3 | • Old Fashioned Vegetable 2.5 | • Lentil & Tomato Bacon . . . 3 |
| • Traditional Chicken Noodle 3 | • Potato & Cheese. . . . 3.5 | • Chicken Tortilla Soup . . . 3 |
| • Beef & Barley 3 | • Beef Chili 4 | • Tortellini & Sausage Soup . 3.5 |
| • Broccoli & Cheddar . . . 3.5 | • White Chicken Chili . . . 3.5 | • Vegan Eggplant & Tomato . 3.5 |





METRO COLD LUNCH BUFFETS

All lunches include appropriate disposables. Food is presented on upscale black plastic trays, bowls and/or wicker baskets. For an attractive buffet using non-disposable serving pieces such as decorative linens, glass platters, florals, and appropriate décor, see our "Metro Details" page. Ten person minimum, check with your event planner for specifics regarding your situation.

Metro Sandwiches & Wraps Buffet – Menu includes your choice of four sandwich or wrap selections below, assorted chips & pretzels, dill pickle spears, condiments and assorted desserts.

Menu price is 3.50 per person plus sandwich selections below:

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|---|--|
| ● Roasted Turkey with Cheddar on Wheat . . . 6 | ● Turkey Cheddar Wrap 5.5 |
| ● Roast Beef & Cheddar on a Kaiser bun . . . 6.5 | ● Italian Sub Wrap 5.5 |
| ● Ham & Swiss on Rye 6 | ● Roast Beef Wrap 6 |
| ● Pecan Chicken Salad on Wheat 6 | ● Grilled Chicken Wrap 6 |
| ● Italian Sub 6.5 | ● Grilled Steak Wrap 8 |
| ● Grilled Chicken Kaiser 7 | ● Tuscan Vegetable Wrap 7 |
| ● Tuna Salad on Wheat 7 | ● California BLT Wrap 7.5 |
| ● Classic Turkey Bacon Club Kaiser 6.5 | ● Grilled Chicken Caesar Wrap 6 |
| ● California Grilled Chicken Club 7.5 | ● Grilled Veggie & Hummus Wrap 6 |
| ● Pepper Bacon BLT with fresh Mozzarella . . . 8 | ● Chicken, Pecans, Spinach & Feta Wrap . . . 6 |
| ● Roast Beef & Baby Swiss on Focaccia 8.5 | ● Vegetarian Greek Wrap 6 |

Gluten Free Wheat Bread available on request. For sandwiches on butter croissants add .50 each.
See page 12, "Lunch Beverages, Sides & Desserts" for other additional side options.

Soup and Salad Buffet - Your choice of house made soups. Served with a fresh garden salad with dressings, fresh rolls & butter and assorted desserts. | 5.5 per person plus soup selection price below:

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|---------------------------------|---------------------------------|-----------------------------------|
| ● Fresh Tomato-Basil . . . 3 | ● Old Fashioned Vegetable 2.5 | ● Lentil & Tomato Bacon 3 |
| ● Chicken Noodle 3 | ● Potato & Cheese . . . 3.5 | ● Chicken Tortilla Soup 3 |
| ● Beef & Barley. 3 | ● Beef Chili. 4 | ● Tortellini & Sausage Soup 3.5 |
| ● Broccoli & Cheddar. . . 3.5 | ● White Chicken Chili . . 3.5 | ● Vegan Eggplant & Tomato 3.5 |

Add any sandwiches to your soup & salad buffet. See selections above this menu.
Check with your event coordinator for options that might work for your group.

Sliced Deli-Meats & Cheeses - An attractive display of thin sliced roast beef, baked ham, sliced roast turkey breast, Genoa salami and assorted deli cheeses. Served with assorted gourmet rolls & breads, lettuce-tomato-pickle tray, assorted chips & pretzels, condiments and assorted desserts. | 10 per person

Metro Salad Trio - Traditional pecan chicken salad, tuna salad and egg salad, served buffet style with baskets of fresh baked breads & rolls, sliced tomatoes, leaf lettuce & pickle spears, assorted chips & pretzels and assorted desserts. | 10 per person

Metro City Luncheon Buffet – Assorted petite sandwiches (Turkey bacon clubs, Ham & Colby-jack, Turkey with Havarti, Roast beef & cheddar), fresh vegetable & relish trays with dip, assorted domestic cheeses with grapes & berries and crackers, with assorted desserts. | 10 per person



METRO HOT LUNCH BUFFETS

All lunches include appropriate disposables. Food is presented in upscale black plastic bowls, trays and/or disposable wicker baskets. Hot food is served in foil pans. Disposable chafers with canned fuel available at \$7.00 ea. For an attractive buffet using non-disposable serving pieces such as chafing dishes, decorative linens, glass platters, florals, and appropriate décor, see our "Metro Details" page. Side selections can be changed or substituted. Check with your event planner for specifics 15 person minimum.

POULTRY

Italian Baked Chicken with Herbs - A slow roasted bone-in herbed chicken with a flavor and aroma that's simply outstanding! Served with redskin potatoes with fresh parsley, garden salad with dressings, rolls & butter and assorted desserts. | 10 per person

Romano Crusted Chicken - A light Romano cheese encrusted boneless chicken breast is sautéed, topped with a creamy Italian tomato sauce, and additional fresh grated imported Romano cheese. Served with buttered linguine noodles, fresh garden salad with dressings, dinner rolls & butter and assorted desserts. Eggplant version also available. | 11 per person

Roasted Chicken with Lemon & Garlic - Chilean herbs and spices combine with fresh lemon for a fabulous roasted chicken. Served with roasted redskin potatoes, garden salad with dressings, rolls & butter and assorted desserts. | 11 per person

Marinated Charbroiled Chicken Breast with Grilled Mango Salsa - A citrus marinade makes for a remarkably juicy grilled chicken with an outstanding fresh mango salsa. Served with roasted rosemary potatoes and fresh green beans or tossed salad with dressings, rolls, butter and assorted desserts. | 10 per person

Herb Stuffed Chicken with Chardonnay Cream Sauce - A roasted boneless skinless chicken breast with a savory herb stuffing and a classic Chardonnay supreme sauce. Served with your choice of redskin potatoes or wild rice pilaf, fresh green beans or salad with dressings, rolls & butter and assorted desserts. | 11 per person

Sautéed Chicken with Mushrooms, Marsala & Mascarpone - An incredibly savory combination of sautéed chicken, Parisian mushrooms & Marsala wine, slowly simmered together and smoothed out with wonderful Mascarpone cheese. Served with your choice of orzo-wild rice pilaf or redskin potatoes with fresh parsley, fresh garden salad & dressings, dinner rolls & butter and assorted desserts. | 11 per person

Southern Fried Chicken - A home-style luncheon done in traditional country fashion! Our delicious fried chicken is served with buttered redskin potatoes, coleslaw, dinner rolls & butter and assorted desserts. (Substitute mashed potatoes & gravy for .75 per person). | 11 per person

Grilled Lemon-Soy Glazed Chicken - A grilled marinated chicken breast brushed with a fresh lemon, brown sugar and sweet soy glaze evoking a soft Asian influence. Served with a nutty white & wild rice pilaf, tossed salad with dressings, rolls, butter and assorted desserts. | 10 per person

Prosciutto & Boursin Cheese Stuffed Chicken - You can't go wrong with our version of the classic French cordon bleu: Prosciutto style ham, and herbed cheese filling, lightly breaded, and served over a Chablis wine sauce. Served with new potatoes or orzo & wild rice pilaf, tossed salad & dressings, rolls, butter and assorted desserts. | 12 per person

SEAFOOD

Honey-Ginger Glazed Grilled Salmon - This salmon is marinated and grilled over open flame and brushed with its marinade for a wonderful flavor. Served with your choice of wild rice pilaf or buttered mashed potatoes, tossed salad with dressings, rolls & butter and assorted desserts. | 15 per person



METRO HOT LUNCH BUFFETS CONTINUED

BEEF & PORK

Meatloaf with Bourbon Glaze - Our presentation of this popular American dish is far from mundane and actually quite delicious! Topped with a traditional ketchup & brown sugar glaze and served with homemade mashed potatoes, gravy, green beans, rolls, butter and assorted desserts. | 11

Beef Tips with Mushrooms & Onions - A rich wonderful dish of slow simmered beef tips in burgundy wine with mushrooms & onions. Served with your choice of buttered egg noodles or fresh mashed potatoes, tossed garden salad with dressings, rolls, butter and assorted desserts. | 12.5

English Pot Roast - Slow roasted with a rich beef stock and a hearty Burgundy wine until fork tender for a simple, but intensely flavored beef roast your guests will love. Served with real mashed potatoes or roasted redskins, fresh green beans or tossed garden salad with dressings, rolls, butter and assorted desserts. | 14

Barbeque Beef Brisket - Our slow cooked tender beef brisket is sliced and served with an authentic Texas table "mop". Served with your choice of macaroni & cheese or fresh mashed potatoes, tossed garden salad with dressings, dinner rolls, with butter and assorted desserts. | 14

Louisiana Pork Loin with Stone Ground Mustard Sauce - An enticing combination of flavors, this roast pork loin evokes the class and flavor of French cuisine with the spice and comfort of Louisiana bayou cooking. Complimented nicely with buttery mashed potatoes, tossed salad with dressings, dinner rolls & butter and assorted desserts. | 12



HOT SANDWICH LUNCHES

Grilled Chicken Bar – Served with marinated grilled chicken breasts served hot off the grill, baskets of soft Kaiser buns, sliced cheddar and Colby-jack cheeses, sliced tomatoes, dill pickles, fresh leaf lettuce and pepper bacon strips. Potato chips and your choice of one side below and assorted desserts. . . . | 12

Pulled Bourbon Barbeque Chicken or Pork - Our southern style Bourbon pulled chicken or slow cooked pulled pork is served with baskets of buns, dill pickle spears, potato chips and assorted desserts. For additional sides see our sides menu. | 10

Hamburger and Hotdog Bar – This all American cookout is sure to please all your guests. Grilled all beef hamburgers and hotdogs, baskets of buns, sliced cheeses, lettuce, tomato, onions, pickle relish and sliced dill pickles, condiments, your choice of one side dish below, assorted chips & pretzels and dessert. | 12

Sides included with Hot Sandwich Lunches: • Redskin Potato Salad, • Pasta Salad; • Macaroni Salad, • Cole Slaw & • Old Fashioned Potato Salad. See our Beverage, Sides & Dessert menu for more options.

LUNCHEON FAVORITES

Stromboli - This wonderful Italian favorite is stuffed and rolled in a pizza-style dough and baked golden brown. Served with an Italian tomato sauce for dipping, Parmesan cheese, fresh garden salad with dressings and assorted desserts. Choice of Two fillings: • Sausage & Pepperoni • Grilled Chicken with Mushrooms & Spinach or • Roasted Italian Vegetables & Herbed Cheese. | 11





METRO HOT LUNCH BUFFETS CONTINUED

Traditional Lasagna with 3-Cheeses - Tender pasta layered with a rich herbed tomato sauce, sweet Italian sausage & ground beef, ricotta, mozzarella and Parmesan cheeses. Served with a fresh garden salad & dressings, assorted rolls with butter and assorted desserts. (Vegetarian lasagna available upon request.) | 10

Tortellini with Grilled Chicken and Tomato-Basil Pesto - Cheese filled tortellini tossed with sliced grilled chicken, and a pesto made with roasted tomatoes, olive oil, fresh basil and shredded Parmesan cheese. Served with tossed salad or if you prefer our classic Caesar salad, rolls & butter and assorted desserts. | 11

Taco & Fajita Bar - Grilled fajita chicken, spicy taco beef & cumin black beans lead this exciting popular lunch buffet. Served with a basket of taco shells, flour tortillas & tortilla chips, sides of sour cream, shredded cheddar, grilled peppers & onions, chopped green onion, chopped tomato, jalapenos, shredded lettuce, salsa, Mexican rice pilaf and assorted desserts. | 11
(Healthy Matters turkey taco meat can be substituted for our traditional taco beef – no additional charge.)

Street Taco Station – An upgrade from our popular Fajita Bar: Menu includes pork carnita, & grilled fajita chicken (To substitute shredded guisado beef or shrimp add 2.00). Served with flour tortillas, ranchero sauce, sour cream, crumbled queso fresco, shredded cheddar, grilled peppers & onions, chopped onion, fresh jalapenos, chopped Romaine, Pico-de-gallo, radishes, Mexican rice pilaf and assorted desserts. . . . | 12

Soup, Salad & Baked Potato Bar - A popular luncheon selection. Hot baked potatoes with sides of sour cream, butter, bacon crumbles, chopped scallions, shredded cheddar, and broccoli. Served with a tossed salad with dressings, rolls & butter, and assorted desserts. . | 8.5 plus soup selection price below:

- Fresh Tomato-Basil | 3
- Traditional Chicken Noodle | 3
- Beef & Barley | 3
- Broccoli & Cheddar | 3.5
- Old Fashioned Vegetable . | 2.5
- Potato & Cheese | 3.5
- Beef Chili | 4
- White Chicken Chili | 3.5
- Lentil & Tomato Bacon | 3
- Chicken Tortilla Soup | 3
- Tortellini & Sausage Soup . . | 3.5
- Vegan Eggplant & Tomato . . | 3.5

Greek Mezze Station – A build your own lunch consisting of grilled lemon chicken, beef & lamb gyro meat, fresh tomatoes, cucumbers, onion, chic peas with lemon & cumin, crumbled Feta, shredded lettuce, pita bread, fresh lemons and tzatziki sauce. Served with hummus, Greek olives, pickles, roasted vegetable couscous, and assorted desserts. This works well for a party or reception type lunch where a regular option just doesn't fit and there is something for vegetarians as well | 12.5 (20 person minimum)

Bibimbap Station – A popular Korean style lunch. Menu includes white rice, purple rice, salad greens, grilled chicken, Korean beef, (fried tofu also available as a substitute), black beans, roasted potatoes, corn, Sesame carrots, julienne shiitakes, fried egg strips, cucumber, shredded Jack cheese, daikon radish, yum-yum sauce, Korean garlic sauce, spicy Gochujang, and assorted desserts. | 12.5 (20 person minimum)

Mediterranean Pasta Bar - This popular buffet includes penne pasta with sides of marinara sauce, basil cream sauce, shredded parmesan cheese, crumbled Feta, sliced kalamata olives, sautéed zucchini & mushrooms, grilled peppers, meatballs, grilled chicken, dinner rolls with butter, tossed salad with dressings and assorted desserts. | 12.5 per person
(Whole wheat or Gluten Free penne pasta is available as a substitute if desired.)
Add cheese filled tortellini to go with the standard pasta for an additional 1.00 per person



METRO A LA CARTE MENU

Our A la Carte Menu is great if you are on a budget or if you are supplying your own sides but simply need a main course. These options also work well if you are supplementing a menu for heavy eaters or to meet a vegetarian need. Food is presented in upscale black plastic bowls, trays and/or disposable wicker baskets. Hot food is served in foil pans. See our "Metro Details" page. Minimum orders may apply, check with your event planner for specifics.

HOT LUNCH ADDITIONS

- Beef Lasagna**
(Foil ½ pan Serves 9) | 40
- Roasted Vegetable Lasagna**
(Foil ½ pan Serves 9) | 39
- Pulled BBQ Pork** (½ pan serves 12 to 16)
Served with baskets of soft Kaiser rolls. | 37
- Marinated Grilled Chicken Breasts** | 5ea
- Roasted Turkey Breast with Gravy**
(One lb. serves 2 to 3 people depending on sides – 5 lb Minimum) | 11 lb.
- Macaroni & Cheese** (½ pan serves 12 to 16) | 24
- Au gratin Potatoes** (½ pan serves 12 to 16) | 27
- Potato Casserole** (½ pan serves 12 to 16). | 25

TRADITIONAL DELI TRAYS

SLICED DELI MEATS & CHEESES

Our sliced deli meats tray includes: sliced roast beef, sliced baked deli style ham, roast turkey breast and hard salami. Price includes assorted deli breads & rolls and condiments.

Small (10-14)	Medium (16-22)	Large (Serves 25-30)
54	89	129

Sliced Cheese Platters

A compliment to your Meat Tray – Sliced Cheddar, Baby Swiss, Havarti and Colby-Jack Cheeses

Small (10-14)	Medium (16-22)	Large (Serves 25-30)
19	29	39

Lettuce & Tomato Platters

Small (10-14)	Medium (16-22)	Large (Serves 25-30)
12	20	29

Fresh Kaiser Buns

| 9 per dozen

Deli Wheat Bread

| 9 each – Serves 10

COLD SIDE SALADS – A la Carte

All of our salads are house made with the freshest ingredients possible and each one is delicious in its own right! Depending on how much additional food you serve, one gallon of salad will feed between 16 to 30 guests and a pound of main course salad will serve 2 to 4. Ask one of our catering representatives what might be best for your situation.

- Old Fashioned Potato Salad.** | 32 gal
- Dilled Redskin Potato Salad.** | 32 gal
- Italian Pasta Salad.** | 32 gal
- Cole Slaw** | 18 gal
- Sesame Noodle Salad.** | 30 gal
- Fresh Fruit Salad.** | 7 per lb.
- Macaroni Salad.** | 28 gal
- Marinated Vegetable Salad.** | 30 gal
- Mediterranean Pasta Salad.** | 34 gal
- Broccoli Grape Salad** | 34 gal

MAIN COURSE SALADS & PLATTERS

(One pound makes 4 to 6 sandwiches – Does not include Breads & Rolls)

- Chicken Salad.** | 9 per lb.
- Tuna Salad** | 9 per lb
- Ham Salad** | 8 per lb.
- Egg Salad.** | 7 per lb

Vegetable & Relish Platters with Dip

Small (10-14)	Medium (16-22)	Large (Serves 25-30)
26	38	48

Mexican Layer Dips – Includes tortilla chips

Small 12”(10-14)	Medium 16”(15-25)	Large 18”(25-35)
26	38	50

A LA CARTE SANDWICHES

Italian Subs (turkey also available) – Our popular subs with ham, salami, provolone, lettuce, tom and sub sauce.

Platter Serves 10. | 60

Assorted Deli Sandwiches – An assortment of our favorite deli sandwiches. Roast beef, roasted turkey, sliced ham, and pecan chicken salad. – Platter Serves 10. . . | 56

Assorted Wraps Platter – An assortment of our delicious traditional tortilla wraps. Turkey, Ham & Roast Beef. Platter serves 10 | 60

Standard Disposable Service . . . | .50 per person
(Dinner Plates, Dessert Plates, Forks, Knives & Din. & Bev. Napkins)





LUNCH BEVERAGES, SIDES & DESSERTS

BEVERAGES - All beverage prices include disposable cups, ice, an ice bowl and beverage napkins.

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|---|-----|---|----|
| ● Assorted Canned Soft Drinks. | 1.5 | ● Perrier Sparkling Water. | 3 |
| ● Assorted Bottled Fruit Juices. | 2.5 | ● Fresh Brewed Iced Tea – per gallon. | 14 |
| ● Traditional Bottled Spring Water. | 1. | ● Fresh Made Lemonade – per gallon. | 12 |
| ● Dasani Bottled Water. | 2 | (One gallon serves 12 to 18 people.) | |

COLD LUNCH SIDE SELECTIONS

- | | | | |
|---|-----|---|-----|
| ● Assorted Potato Chips & Pretzels | 1 | ● Garden Salad with Dressings | 3 |
| ● Baked Lays or Sun chips | 1 | ● Caesar Salad | 3 |
| ● Cole Slaw | 2 | ● Raw Kale Salad with Apples & Almonds | 3 |
| ● Traditional Macaroni Salad | 2.5 | ● Fall Harvest Salad with Apples & Gorgonzola | 3.5 |
| ● Old Fashioned Potato Salad | 2.5 | ● Fresh Tomato Mozzarella Basil Salad. | 3.5 |
| ● Dilled Redskin Potato Salad | 2.5 | ● Broccoli-Grape Salad. | 3.5 |
| ● Italian Pasta Salad | 2 | ● Mediterranean Pasta Salad. | 3 |
| ● Marinated Vegetable Salad (Vegan) | 2 | ● Roasted Potato Salad with Green Beans | 2.5 |
| ● Southwestern Corn & Black-eyed Pea Salad | 2 | ● Vegan Quinoa & Black Bean Salad. | 4 |
| ● Fresh Fruit & Berry Salad | 2.5 | ● Quinoa & Black Bean Salad | 3 |
| ● Mixed Greens Salad with Fruits, Nuts & Poppy Seed Dressing. | 4 | | |

STANDARD HOT SIDE SELECTIONS

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|--------------------------------------|-----|---|-----|
| ● Fresh Green Beans. | 2.5 | ● Redskins with Butter & Parsley | 2 |
| ● Green Bean Casserole | 2.5 | ● Oven Roasted Redskins with Rosemary | 2 |
| ● Baked Macaroni & Cheese. | 2.5 | ● Buttermilk Mashed Potatoes | 2.5 |
| ● Sautéed Mixed Vegetables | 2.5 | ● Country Sage Dressing | 2 |
| ● Corn & Cheddar Souffle | 2.5 | ● White & Wild Rice Pilaf | 2 |
| ● Texas Style Baked Beans | 2 | ● Buttered Egg Noodles or Linguine | 2 |
| ● Buttered Corn | 2 | ● Penne with Marinara or Alfredo | 2.5 |
| ● Coconut Rice. | 2.5 | ● Sweet Potato & Corn “Hash” | 2.5 |

BAR DESSERTS & COOKIES - For specific bar dessert requests we ask for at least a twenty person minimum, unless we can accommodate your choice from our daily selection. Check with Event Coordinator for specifics.

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|---|-----------------------------------|-------------------------------|
| ● Assorted Freshly Baked Cookies (2 ct) | ● Apple Cake with Caramel Icing | ● Swiss Carrot Cake |
| ● Gluten Free Cookies (2 ct) | ● Raspberry or Apricot Crumb Bars | ● Cheesecake Bars |
| ● Assorted Brownies & Bar Desserts | ● Peanut Butter Bars | ● Bourbon Pecan Bars |
| ● Chocolate Brownies | ● Seven Layer Bars | ● Rocky Road Brownies |
| ● Chocolate Decadence Cake | ● Texas Sheet Cake | ● Swirled Cheesecake Brownies |
| ● Lemon Bars | ● Banana Cake | |
| | 2 each | 2.5 each |

SHEET CAKES - Great for birthdays, graduations, company parties, promos or any other event.

Half size (serves 25-30): 49.00 Full size (serves 50 to 60) 89.00

See our full **DESSERT MENU** for additional options. Minimums may apply.





METRO DETAILS. . .

BILLING OR CREDIT TERMS

Corporate Credit can be established upon completion and approval of our credit application. If no prior credit has been established, all orders are C.O.D. and are payable with a check or credit card. (Visa, MasterCard or American Express accepted.)

WHEN TO PLACE YOUR ORDER

In order to properly plan and prepare your order we appreciate as much advance notice as possible. We welcome advance notice for orders, even if you do not have all the details. Due to the increase in business during peak holiday times, please give us as much notice as possible. Special events that require service staff or equipment should be booked at least 10 days prior to the event date. Our event planners will be happy to assist you in the planning and pricing of special events.

GUEST COUNT GUARANTEES

In order to properly prepare your order and produce it in the most efficient way possible, your final guest count for delivery or drop off orders must be received **forty-eight (48) hours** prior to your scheduled delivery. Full service event guest counts will be required to be in earlier. See your event specialist for details for your event. While we would like as much notice as possible, we understand that unexpected guests can show up or that some last minute changes can occur and we will accommodate your situation if it is in our power to do so.

LAST MINUTE CHANGE TO ORERS

We understand that last minute changes may be necessary for daily orders, but to continue to provide you with timely service, final details for confirmed orders must be received **twenty-four (24) hours** prior to your scheduled delivery. That being said, give us a call, if we can help, we will.

CANCELLATION POLICIES

Metro Cuisine realizes that under certain circumstances an order may need to be cancelled. Orders cancelled with less than a 48-hour notice may be subject to a cancellation fee. This fee will vary based on the type of food ordered and our ability to halt preparation. In general we will try to accommodate your situation.

For your protection, cancellations must be received by phone during normal business hours from 8:30 AM to 5:00 PM and confirmed with an e-mail or fax. We will acknowledge the cancellation by sending you a Cancellation Facsimile or E-mail, as long as we have your current information on file. Again, for your protection, voice-mail and e-mail cancellations alone will not be accepted.

SERVICE-WARE OPTIONS

Do to the variety of event situations, only our breakfast & lunch menus include disposable service ware such as plates, flatware, and napkins. Beverages on this menu also include plastic or foam cups. For all other menus, service ware is ala carte and determined based on your needs. Should you wish to upgrade your disposable service or change to something more appropriate for your event, such as china or glass service, please consult your event planner for arrangements that fit your unique situation.





METRO DETAILS CONTINUED

THE WAY WE DELIVER FOOD

DISPOSABLE DROP-OFFS - Hot or Cold Buffet (all buffet ware can be kept or discarded). Disposable chafing dishes can be provided at 7.00 each. The wire frames and 4" foil water pans are *reusable* and we recommend keeping them for your next event. We will supply heating fuel at no charge, but there is a 2.00 charge if you need a new water pan. Disposable tablecloths may be purchased for 4.75 each.

FULL SERVICE EVENTS - Full service events include things such as weddings, corporate events and everything in between. Please consult your event planner for details. Our event planners are ready to assist you with all the details of your upcoming event. Please call us to schedule an appointment so that we can meet with you to personally discuss how we can make your next event a celebration to remember.

CUSTOMER PICK-UP AT METRO CUISINE - Any breakfast, lunch or dinner order with food displayed on disposable trays and in disposable bowls may be picked up at our office during normal business hours (8:30 am to 5:00 pm), or at other times with prior arrangements

DELIVERY FEES

Generally delivery rates depend on your particular location and situation. Check with your event planner for specifics. While we want to accommodate all requests, the volume of deliveries on certain days requires us to manage the order of stops in such a way that we can serve all our customers in a timely and efficient manner.

Please allow for a fifteen minute delivery window and make your reservations as early as possible.

Downtown Columbus deliveries can require special considerations. If needed, please call ahead to secure parking in your loading dock prior to our arrival. We can alert you 15 minutes before we arrive. However, if we are unable to park in the loading dock of your building or at a parking meter nearby, we will call you to meet us near an entrance to accept the order or to assist us in securing space at the dock.

Special rates may apply for special event catering and major holidays. Please inquire about these rates.



ADDITIONAL SERVICES BY METRO CUISINE

Please consider Metro Cuisine for all your catering needs. We pride ourselves on our outstanding food quality, courteous staff, timely deliveries, detailed planning and broad range of menus and services including:

- Corporate and Social Picnics
- Wedding Receptions & Rehearsal Dinners
- Hors d'oeuvres & Dessert Receptions
- Plated & Buffet Dinners
- Themed Events
- Bridal & Baby Showers
- Brunches
- Holiday Parties & Galas

We offer a complete line of event rental equipment for all your party needs including:

- Tables & Chairs
- Linens
- Table Top Accessories
- Themed Props
- China & Glassware
- Buffet Equipment
- Florals
- Tents
- Flatware
- Beverage & Bar Equipment
- Grills & Cooking Equipment
- Specialty Lighting

Please visit our web site at www.metrocuisine.com for pictures and other information.

